



What actions improve nutrition for Brain Health for European citizens?

22 September 2022, 13:00 – 15:00 CET

Fondation Universitaire Stichting, Rue d'Egmont 11,
1000 Bruxelles

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Programme highlights:

- Mechanisms underlying nutritional effects on brain health are key to societal impact
- Improved education and communication about healthy nutrition
- Improving nutrition is the responsibility of policy



Programme

22 September 2022, 13:00 – 15:00 CET
Fondation Universitaire Stichting, Rue
d'Egmont 11, 1000 Bruxelles

12:00 - 13:00

Lunch

13:00 - 13:15

Welcome

Roger Adan, University Medical Center (UMC) Utrecht, NL
Suzanne Dickson, University of Gothenburg, SE

13:15 – 13:35

Opening talk

Felice Jacka, Food & Mood Centre, IMPACT, Deakin University, Australia

13:35 – 13:55

**Current and future funding landscape for BRAINFOOD
research in Europe**

TBC

13:55 – 14:35

**Towards new nutritional policies for brain health: A research
perspective on future actions.**

*Eline van der Beek, Nestlé Research, Universitair Medisch
Centrum Groningen, NL*

*Louise Dye, University of Leeds, International Life Sciences
Institute*

14:35 – 14:55

Panel discussion/Round table

*Chair: Louise Dye, University of Leeds, International Life
Sciences Institute*

14:55 – 15:00

Closing remarks

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